



# 1&9 COACHING - SEACLIFF HOCKEY CLUB

## SATURDAY 24TH SEPT 2016

This is a unique opportunity to be coached and inspired by the two of the world's best hockey players Jamie Dwyer and Mark Knowles. Get in quick to secure your spot!!



**JAMIE DWYER**

Olympic Gold **2004**, Bronze **2008 & 2012**  
 World Cup Champion **2010, 2014**  
 Commonwealth Games Gold **2002, 2006, 2010**  
 FIH World Player of the Year **2004, 2007,**  
**2009, 2010 & 2011**



**MARK KNOWLES**

Olympic Gold **2004**, Bronze **2008 & 2012**  
 World Cup Champion **2010, 2014**  
 Commonwealth Games Gold **2006, 2010, 2014**  
 FIH World Player of the Year **2014**

**WHERE?**

**Seacliff Hockey Club  
 Lipson Avenue  
 Seacliff**

**WHEN?**

**Saturday 24th September 2016**

**SESSIONS?**

**Under 9yrs: 9:00-10:00am  
 Under 11yrs: 10:30-11:30am  
 Under 14yrs: 12:30-2:30pm  
 Under 18yrs: 3:00-5:00pm**

**EQUIPMENT?**

**Just bring your stick, mouthguard, shinpads and a water bottle**

**TO REGISTER?**

**Payment and registrations online via [www.1and9coaching.com/clinics](http://www.1and9coaching.com/clinics)**

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